

**Concours de Livres Culinaires Canadien
Canadian Culinary Book Awards**

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SILVER AWARD

What's to Eat? Entrées in Canadian Food History

Author: **NATHALIE COOKE, editor**

Publisher: **MCGILL-QUEEN'S UNIVERSITY PRESS, MONTREAL and KINGSTON**

About the book:

What's to Eat? Entrées in Canadian Food History is an important contribution to the growing literature on our food culture's multiple origins. Its research from thirteen authors serves up some thoughtful and engaging fare. From explanations of how Canada's First Peoples developed their food skills, to stories of Canada's indigenous produce making its way to other continents, to the coast-to-coast-to-coast experiences of eating in Chinese restaurants and talking turkey at Thanksgiving, the essays in this collection introduce much original and welcome knowledge.

About the editor:

In the Faculty of Arts at McGill University in Montreal, fluently bilingual Nathalie Cooke is professor of English and associate provost. She founded editor of Canada's first online magazine for Canadian culinary culture, CuiZine (www.cuisine.mcgill.ca), and the author of several books and articles on Canada's food history.

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