

Cuisine Canada and The University of Guelph Canadian Culinary Book Awards

2011

FOR IMMEDIATE RELEASE

Announcement of 2011 English and French Nominations

April 15, 2011 (GUELPH, Ontario) – The pressure is on! The twenty judges from across the country are now busy reading, evaluating, and testing the recipes from this year's 82 entries in three categories. Their mission? To create a short list by August 1st.

The Gold and Silver winners – along with the third award for the Canadian Culinary Landmarks Hall of Fame and the annual Edna Staebler Award – will be announced on Monday, November 7, 2011, at a gala evening reception at the Royal Agricultural Winter Fair in Toronto.

Once again, this year's nominated authors and books illustrate the range and expertise of Canadian food writers and publishers in both English and French.

Nominated in the **English Special Interest Category**, books about food and beverages, but not cookbooks, are:

1. Theresa Albert, *Ace Your Health: 52 Ways to Stack Your Deck*, McClelland & Stewart Ltd., Toronto
2. Leslie Beck, *The Complete A-Z Nutrition Encyclopedia: A Guide to Natural Health*, Penguin Canada, Toronto
3. Leslie Beck, *The Complete Nutrition Guide for Women: Staying Healthy with Diet, Nutrients, and Supplements*, Penguin Canada, Toronto
4. Chris Czajkowski, *A Wilderness Dweller's Cookbook: The Best Bread in the World & Other Recipes*, Harbour Publishing, Madeira Park, BC

Cuisine Canada and The University of Guelph Canadian Culinary Book Awards

2011

5. Sonia Day, *Incredible Edibles: 43 Fun Things to Grow in the City*, Firefly Books Ltd., Richmond Hill, ON
6. Amy Jo Ehman, *Prairie Feast: A Writer's Journey Home for Dinner*, Coteau Books, Regina
7. Sarah Elton, *Locavore: From Farmers' Fields to Rooftop Gardens - How Canadians Are Changing the Way We Eat*, HarperCollins Canada, Toronto
8. Carolyn Herriot, *The Zero-Mile Diet: A Year-Round Guide to Growing Organic Food*, Harbour Publishing, Madeira Park, BC
9. Evaleen Jaeger Roy, *Four Chefs One Garden: Seasons of West Coast Living*, Canada Wide Media, Burnaby, BC
10. Carol Morley, *Delicious Detox: Fast and Easy Recipes to Boost Energy and Improve Health*, Otterville Press, Mississauga, ON
11. Billy Munnely, *Billy's Best Bottles: Wines for 2011*, McArthur & Company, Toronto
12. Lianne Phillipson-Webb, *Sprout Right: Nutrition from Tummy to Toddler*, Penguin Canada, Toronto
13. Troy Townsin and Cheryl-Lynn Townsin, *WineFeast: Eat, Drink & Discover BC Wine*, Polyglot Publishing, Victoria
14. Diane Tye, *Baking as Biography: A Life Story in Recipes*, McGill-Queen's University Press, Montreal
15. Ann Vanderhoof, *The Spice Necklace: A Food-Lover's Caribbean Adventure*, Doubleday Canada, Toronto

Nominated in the **English Canadian Culinary Culture Category**, books that best illustrate Canada's culinary heritage and food culture, are:

1. Ian Coutts, *Brew North: How Canadians Made Beer & Beer Made Canada*, Greystone Books, Vancouver

Cuisine Canada and The University of Guelph Canadian Culinary Book Awards

2011

2. Dorothy Duncan, *Feasting and Fasting: Canada's Heritage Celebrations*, Dundurn Press, Toronto
3. Liz Feltham, *South Shore Tastes: Recipes from the Best Restaurants on Nova Scotia's South Shore*, Nimbus Publishing, Halifax
4. Michele Genest, *The Boreal Gourmet: Adventures in Northern Cooking*, Harbour Publishing, Madeira Park, BC
5. Kathy Guidi, *Canadian Cheese: A Pocket Guide*, McArthur & Company, Toronto
6. Japanese Canadian Cultural Centre Heritage Committee, *Just Add Shoyu: A Culinary Journey of Japanese Canadian Cooking*, Japanese Canadian Cultural Centre, Toronto
7. Kootenay Country Store Cooperative and the Nelson Municipal Library, *Seasonings: A Year of Local Flavour in Words and Recipes*, Kootenay Country Store Cooperative and the Nelson Municipal Library, Nelson, BC
8. Jeff McCourt, Allan Williams, and Austin Clement, *Flavours of Prince Edward Island: A Culinary Journey*, Whitecap Books, North Vancouver
9. Lynn Ogryzlo, *Niagara Cooks: A Seasonal Attitude*, Epulum Books, Toronto
10. Suman Roy and Brooke Ali, *From Pemmican to Poutine: A Journey Through Canada's Culinary History*, The Key Publishing House Inc., Toronto
11. Todd Warren and Dale Cameron, *George House: Heritage Bed & Breakfast Kitchen Recipes*, Flanker Press, St. John's

Nominated in the **English Cookbook Category** are:

1. Eric Akis, *Anyonecancook Slow Cooker Meals: Recipes for Satisfying Mains and Delicious Sides*, Anyonecancook Series, Whitecap Books, North Vancouver
2. Ingrid Baier, *Fish On: Seafood Dishes that Make a Splash*, TouchWood Editions, Victoria

Cuisine Canada and The University of Guelph Canadian Culinary Book Awards

2011

3. Bob Blumer, *Glutton for Pleasure: Signature Recipes, Epic Stories, and Surreal Etiquette*, Whitecap Books, North Vancouver
4. Michael Bonacini, Massimo Capra, and Jason Parsons, *3 Chefs: The Kitchen Men*, Whitecap Books, North Vancouver
5. Andrew Chase and the Canadian Living Test Kitchen, *The Barbecue Collection: The Best Barbecue Recipes from Our Kitchen to Your Backyard*, Transcontinental Books, Montreal
6. Tony de Luca, *Simply in Season: 12 Months of Wine Country Cooking*, Whitecap Books, North Vancouver
7. Meeru Dhalwala and Vikram Vij, *Vij's at Home: Relax, Honey*, Douglas & McIntyre, Vancouver
8. Craig Flinn, *Fresh & Frugal: Easy and Affordable Recipes for Market-Fresh Local Food!*, Formac Publishing Co., Halifax
9. Patricia Green and Carolyn Hemming, *Quinoa 365: The Everyday Superfood*, Whitecap Books, North Vancouver
10. Debbie Harding, *Go Nuts: Recipes that Really Shell Out*, TouchWood Editions, Victoria
11. Toby Hatch, *Absolutely Delicious: Oh, and It's Allergy-Free Too!*, Teabird Publishing, Cedar Valley, ON
12. Carla Johnson, *Cooking with Sin: Great Recipes Dipped in Alcohol and Wrapped in a Wonderful Story*, Self-Published
13. Alison Kent and the Canadian Living Test Kitchen, *The Vegetarian Collection: Creative Meat-Free Dishes that Nourish and Inspire*, Transcontinental Books, Montreal
14. Martin Kouprie, *Pangaea. Why It Tastes So Good.*, Key Porter Books, Bolton, ON
15. Helen Koutalianos and Anastasia Koutalianos, *From the Olive Grove: Mediterranean Cooking with Olive Oil*, Arsenal Pulp Press, Vancouver
16. Resa Lent, *The Desert Rose Café Cookbook: A Collection of Vegetarian Recipes & Stories 1979-2009*, Self-Published

Cuisine Canada and The University of Guelph Canadian Culinary Book Awards

2011

17. Mark McEwan, *Great Food at Home*, Viking Canada, Toronto
18. Barbara-jo McIntosh, *Cooking for Me and Sometimes You: A Parisienne Romance with Recipes*, french apple press, Vancouver
19. Caren McSherry, *In a Pinch: Effortless Cooking for Today's Gourmet*, Whitecap Books, North Vancouver
20. Jane Mundy, ed., *The Ocean Wise Cookbook: Seafood Recipes that Are Good for the Planet*, Whitecap Books, North Vancouver
21. Deb Rankine, *Condiment Confidential*, The Fridge Whisperer, The Fridge Whisperer Cookbook Series, Pickering, ON
22. Rose Reisman, *Rose Reisman's Family Favorites*, Whitecap Books, North Vancouver
23. Habeeb Salloum, *Bison Delights: Middle Eastern Cuisine, Western Style*, Canadian Plains Research Centre Press, Regina
24. Moira Sanders, Lori Elstone, and Beth Goslin Maloney, *The Harrow Fair Cookbook: Prize-Winning Recipes Inspired by Canada's Favourite Country Fair*, Whitecap Books, North Vancouver
25. Jae Steele, *Ripe from Around Here: A Vegan Guide to Local and Sustainable Eating (No Matter Where You Live)*, Arsenal Pulp Press, Vancouver
26. Marc Thuet, *French Food My Way*, Viking Canada, Toronto

Awards are also given to French-language books in the same three categories. See the following pages for these nominations.

Cuisine Canada and The University of Guelph Canadian Culinary Book Awards

2011

Nominated in the **French Special Interest Category**, books about food and beverages, but not cookbooks, are:

1. François Chartier, *La Sélection Chartier 2011: Guide des Vins et d'harmonization avec les mets*, Les Éditions La Presse, Montréal
2. Guénaël Revel, *Guides des champagnes et des autres bulles*, Les Publications Modus Vivendi, Montréal
3. Janine Saine, *La route des vins parcourue par Janine Saine*, Les Éditions La Presse, Montréal
4. Martin Thibault et David Levesque Gendron, *La route des grands crus de la bière*, Éditions Québec Amérique, Montréal

Nominated in the **French Canadian Culinary Culture Category**, books that best illustrate Canada's culinary heritage and food culture, are:

1. Anne Fortin, *Cuisiner avec le sirop d'érable du Québec*, Les Éditions Cardinal, Montréal
2. Marylène Leblanc-Langlois et Lynne Faubert Tartre, *À la bonne franquette: 80 Chefs Québécois dévoilent leurs recettes simples de tous les jours*, Les Éditions Transcontinental, Montréal
3. Marie-Christine Rhéaume, Olivier Clément et Dominique Rhéaume, *Le livre gourmand des Iles de la Madeleine: Découvertes du terroir et recettes originals*, Les Éditions La Morue Verte, L'Étang-du-Nord, QC

Cuisine Canada and The University of Guelph Canadian Culinary Book Awards

2011

Nominated in the **French Cookbook Category** are:

1. Jean-François Archambault, *Kuizto: Secrets, Astuces et Recettes pour cuisinier bien, bon, pas cher*, Les Éditions Transcontinental, Montréal
2. Jessica Barker et Rafaële Germain, *Deux folles et un fouet*, Éditions du Trécarré, Montréal
3. Francine Bélanger, *Légume*, Les Publications Modus Vivendi, Montréal
4. Igor Brotto et Olivier Guiriec, *Le grand livre de la cuisine végétarienne*, Les Éditions de l'Homme, Montréal
5. François Chartier et Stéphane Modat, *Les Recettes de Papilles et Molécules: Cuisine Aromatique et Créative du duo Mc²*, Les Éditions La Presse, Montréal
6. Pascale Coutu et Pierre Tremblay, *Les Courges dans votre assiette*, Les Éditions de la Goélette, Saint-Bruno de Montarville
7. Ethné de Vienne et Philippe de Vienne, *Chasseurs d'Épices 2: Cuisine Familiale d'Asie*, Éditions du Trécarré, Montréal
8. Caroline Dumas, *Soupesoup, 65 soupes, 40 salades, 40 sandwiches*, Flammarion Québec, Montréal
9. Bertrand Eichel, *25 vins, 100 recettes*, Les Éditions de la Goélette, Saint-Bruno de Montarville, QC
10. Martine Gingras, *Banlieusardises*, Éditions du Trécarré, Montréal
11. Laurent Godbout, *Comme au chalet*, Les Éditions de l'Homme, Montréal
12. Julien Guillegault, *Cupcakes*, Les Éditions de l'Homme, Montréal
13. Chuck Hughes, *Garde manger*, Les Éditions La Presse, Montréal
14. Dalal Kadé-Badra et Elie Badra, *Saveurs d'Alep*, Les Éditions de l'Homme, Montréal
15. Philippe Laloux, *Le bonheur de cuire*, Québec-Amérique, Montréal
16. Louis-François Marcotte, *Sauvage: Savourer la nature*, Flammarion Québec, Montréal
17. Louis-François Marcotte, *Souvenirs: Revisiter nos traditions*, Flammarion Québec, Montréal

Cuisine Canada and The University of Guelph Canadian Culinary Book Awards

2011

18. Marie-Claude Morin, *Boîte à lunch pour enfants*, Les Publications Modus Vivendi, Montréal
19. Geneviève O'Glema, *Bonne Bouffe en famille: 150 recettes santé pour parents pressés*, Éditions La Semaine, Montréal
20. Robert Penny, *L'anarchie culinaire selon Bob le chef, La revanche*, Les Éditions La Presse, Montréal
21. Jean-François Plante, *Plaisirs coupables: recettes cochonnes et gourmandes*, Les Éditions de l'Homme, Montréal
22. Marie-Fleur Saint-Pierre, *Les tapas de Marie-Fleur*, Les Éditions de l'Homme, Montréal
23. Anne Samson, *Cuisine locale quatre saisons*, Les Publications Modus Vivendi, Montréal



Cuisine Canada is a national alliance of Canadian culinary professionals who share a common desire to encourage the development, use and recognition of fine Canadian food and beverages. For more than 140 years, the University of Guelph has contributed to Canadian cuisine in its programs in agriculture, food science, hospitality and tourism management, and is the home of one of Canada's best cookbook collections.

For more information about the awards visit the [Canadian Culinary Book Awards page](#) on the University of Guelph Web site.